



Annie McCall, LMHC

Annie began training in DBT as a graduate student at New York University in 1999. Since receiving her Masters degree in 2000, she has continued to develop her skills as a DBT practitioner, including acting as a skills trainer and individual therapist on two research studies led by treatment developer Marsha Linehan, Ph.D. at the University of Washington. Annie has worked closely with Melanie Harned, Ph.D. in the development and training of the DBT Prolonged Exposure protocol, including providing individual therapy in the original treatment development study. She co-founded Youth and Family DBT of Seattle, which offered multi-family DBT skills groups and parent coaching workshops from 2007-2016. She currently works as a DBT PE therapist, trainer, and consultant. She is a certified DBT therapist, and a certified PE therapist and supervisor.