

MELANIE S. HARNED, PhD, ABPP

VA Puget Sound Health Care System
1660 South Columbian Way, Mailstop S-116-MHC
Seattle, WA 98108
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EMPLOYMENT

2019-present **Associate Professor**, Department of Psychiatry and Behavioral Sciences, University of Washington, Seattle, WA
2019-present **Adjunct Associate Professor**, Department of Psychology, University of Washington, Seattle, WA
2018-present **Psychologist and Coordinator of the DBT Program**, VA Puget Sound Health Care System, Seattle, WA
2008-present **Trainer and Consultant**, Behavioral Tech, LLC, Seattle, WA
2017-2019 **Senior Research Scientist**, Department of Psychology, University of Washington, Seattle, WA.
2017-2018 **Clinical Instructor**, Department of Psychology, University of Washington, Seattle, WA
2006-2018 **Director of Research**, Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA
2014-2017 **Director of Research and Development**, Behavioral Tech, LLC, Seattle, WA
2013-2016 **Director**, Behavioral Tech Research, Inc., Seattle, WA
2009-2012 **Research Scientist**, Behavioral Tech Research, Inc., Seattle, WA

EDUCATION AND TRAINING

2004-2006 **Research Associate and Postdoctoral Fellow**, Behavioral Research and Therapy Clinics, Department of Psychology, University of Washington, Seattle, WA
2003-2004 **Research and Clinical Fellow**, McLean Hospital/Harvard Medical School, Belmont, MA
2003-2004 **Postdoctoral Fellow**, Two Brattle Center, Cambridge, MA
2002-2003 **Clinical Psychology Intern**, McLean Hospital/Harvard Medical School, Belmont, MA
2002 **Ph.D., Clinical Psychology**, (Minors: Quantitative Psychology and Women's Studies), University of Illinois, Urbana-Champaign, IL
1999 **M.A., Psychology**, University of Illinois, Urbana-Champaign, IL
1997 **B.A., Psychology**, (High Honors), Wesleyan University, Middletown, CT

LICENSES AND CERTIFICATIONS

2015 Board Certified Clinician, Dialectical Behavior Therapy-Linehan Board of Certification
2014 Board Certified in Cognitive & Behavioral Psychology, American Board of Professional Psychology
2012 Certified Prolonged Exposure Supervisor
2009 Certified Prolonged Exposure Therapist
2004 Licensed Psychologist (Washington #PY3092)

HONORS AND AWARDS

2015 International Society for the Improvement and Teaching of DBT, Research Award
2012 Brandon Hall Excellence in Learning Awards, Golds for Best Use of Virtual Worlds in Learning and Best Use of Games for Learning
2002 Ed Scheiderer Memorial Research Award, University of Illinois
2001 APA Division 35, Geis Memorial Dissertation Award, Honorable Mention

1999 Women's Studies Scholarship for Feminist Research, University of Illinois
1997 Phi Beta Kappa
1997 Holzberg Fellowship, Wesleyan University

GRANT APPLICATIONS AND AWARDS

CURRENT GRANTS:

2023 – 2027 VA Health Services Research & Development, I01HX003676, A Hybrid Effectiveness-Implementation Trial of Treatments for Veterans with PTSD at Elevated Acute Risk for Suicide. \$1,199,998, M. Harned (PI).
Role: Principal Investigator

PREVIOUS GRANTS:

2018 – 2021 National Institute of Mental Health, R56MH117085, Effectiveness and Implementation of PTSD Treatment for Suicidal and Multi-Diagnostic Clients in Community Practice Settings. \$489,886, M. Harned (PI).
Role: Principal Investigator

2019 – 2021 National Institute of Mental Health, F31MH117827, Employing Ecological Momentary Assessment to Study Emotion Regulation, Coping, and Impulsivity among Youth at High-Risk for Suicide. K. King (Sponsor), K. Kuehn (Applicant).
Role: Co-Sponsor

2014 – 2020 National Institute of Alcohol Abuse and Alcoholism, K08AA021745, Web-Based Treatment of Heavy Drinking among Women with a History of Sexual Trauma, C. Stappenbeck (PI).
Role: Co-Mentor

2015 – 2019 National Institute of Mental Health, R34MH106598, Effectiveness of PTSD Treatment for Suicidal and Multi-Diagnostic Clients. \$695,250. M. Harned (PI).
Role: Principal Investigator

2011 – 2016 National Institute of Mental Health, R01MH0901591, Treatment of Suicidal and Self-Injurious Adolescents with Emotional Dysregulation. \$2,156,733, M. Linehan (PI).
Role: Co-Investigator

2012 – 2014 NIH/National Center for Advancing Translational Sciences, R43TR000471, Suicide Safety Net: Multimedia Tools for Reliable Risk Management Documentation, \$225,803. M. Harned (PI: 2013-2014), L. Dimeff (PI: 2012)
Role: Principal Investigator

2009 – 2014 National Institute of Mental Health, R44MH081388, Computer-Based Training in Behavioral Activation Treatment for Depressed Adults, \$999,428. M. Harned & S. Dimidjian (MPIs: 2013-2014), L. Dimeff & S. Dimidjian (MPIs: 2009-2012)
Role: Multi-Principal Investigator

- 2010 – 2014 National Institute of Mental Health, R44MH082475, Online Panic Control Treatment Training for Clinicians, \$1,104,089. M. Harned & D. Barlow (MPIs: 2013-2014), L. Dimeff & D. Barlow (MPIs: 2010-2012)
Role: Multi-Principal Investigator
- 2012 – 2013 National Institute of Mental Health, R41MH093071, An Interactive Web-Based Tool to Enhance Consent for Mental Health Research. \$115,570. M. Harned & B. Palmer (MPIs: 2013); L. Dimeff & B. Palmer (MPIs: 2012)
Role: Multi-Principal Investigator
- 2009 – 2013 National Institute of Mental Health, R34MH082143, Treating PTSD in Patients with Borderline Personality Disorder. \$699,660, M. Harned (PI).
Role: Principal Investigator
- 2011 – 2012 National Institute of Mental Health, R43MH092965, Computer-Assisted Delivery of Prolonged Exposure Therapy for PTSD, \$182,298, K. Chrestman (PI).
Role: Co-Investigator
- 2009 – 2012 National Institute of Mental Health, R44MH082474, Online Training in the Principles and Procedures of Exposure Therapies, \$959,417, M. Harned & L. Dimeff (MPIs).
Role: Multi-Principal Investigator
- 2008 – 2009 New Zealand Ministry of Health, Pilot Study of Dialectical Behaviour Therapy for Suicidal Adolescents, E. Cooney (PI).
Role: Consultant
- 2003 – 2009 National Institute of Drug Abuse, RO1DA014997, Evaluation of Dialectical Behavior Therapy, \$3,519,814, M. Linehan (PI).
Role: Co-Investigator
- 2003 – 2009 National Institute of Mental Health, RO1MH034486, Assessment and Treatment of Parasuicidal Patients, \$4,098,044, M. Linehan (PI).
Role: Co-Investigator
- 2008 National Institute of Mental Health, R43MH082474, Online Training in the Principles and Procedures of Exposure Therapies, \$158,735, M. Harned & L. Dimeff (MPIs).
Role: Multi-Principal Investigator
- 2003 – 2006 Borderline Personality Disorder Research Fund, Predictors of Treatment Response in BPD, Marsha Linehan (PI).
Role: Co-Investigator
- 2001 – 2002 American Psychological Association, Division 35, Geis Memorial Dissertation Award, Honorable Mention, Women's Labeling of Unwanted Sexual Experiences with Dating Partners: Measurement and Conceptual Issues, \$1,000, M. Harned (PI).
Role: Principal Investigator

BOOKS

Harned, M. S. (2022). *Treating Trauma in Dialectical Behavior Therapy. The DBT Prolonged Exposure Protocol (DBT PE)*. New York, NY: Guilford Press.

PEER-REVIEWED PUBLISHED MANUSCRIPTS

1. Chang, C., Livingston, N., Rashkovsky, K., Harper, K., Kuehn, K., Khalifian, C., **Harned, M.**, Tucker, R., & Depp, C. (in press). A scoping review of suicide prevention interventions for lesbian, gay, bisexual, and transgender, queer, and other sexual and gender minority individuals. *LGBT Health*.
2. **Harned, M. S.**, Schmidt, S. C., Korslund, K. E., & Gaglia, A. (2023). Therapist adherence to Dialectical Behavior Therapy in routine practice: Common challenges and recommendations for improvement. *Journal of Contemporary Psychotherapy*. <https://doi.org/10.1007/s10879-023-09601-x>
3. **Harned, M. S.**, Schmidt, S. C., Korslund, K. E., & Gallop, R. J. (2023). Development and evaluation of a pragmatic measure of adherence to Dialectical Behavior Therapy: The DBT Adherence Checklist for Individual Therapy. *Administration and Policy in Mental Health and Mental Health Services Research*, *50*, 734-749.
4. Chang, C., Halvorson, M., Lehavot, K., Simpson, T., & **Harned, M. S.** (2023). Sexual identity and race/ethnicity as predictors of treatment outcome and retention in Dialectical Behavior Therapy. *Journal of Consulting and Clinical Psychology*, *91*, 614-621.
5. Landes, S. J., Pitcock, J. A., **Harned, M. S.**, Connolly, S. L., Meyers, L. L., & Oliver, C. M. (2022). Provider perspectives on delivering Dialectical Behavior Therapy via telehealth during COVID-19 in the Department of Veterans Affairs. *Psychological Services*, *19*, 562-572.
6. Kuehn, K. S., Dora, J., **Harned, M. S.**, Foster, K. T., Song, F., Smith, M. R., & King, K. M. (2022). A meta-analysis on the affect regulation function of real-time self-injurious thoughts and behaviors. *Nature Human Behaviour*, *6*, 964-974.
7. **Harned, M. S.**, Gallop, R. J., Schmidt, S. C., & Korslund, K. E. (2022). The temporal relationships between therapist adherence and patient outcomes in Dialectical Behavior Therapy. *Journal of Consulting and Clinical Psychology*, *90*, 272-281.
8. **Harned, M. S.**, Coyle, T. N., & Garcia, N. M. (2022). The inclusion of ethnoracial, sexual, and gender minority groups in randomized controlled trials of Dialectical Behavior Therapy: A systematic review of the literature. *Clinical Psychology: Science and Practice*, *29*, 83-93.
9. **Harned, M. S.**, Korslund, K. E., Schmidt, S. C., & Gallop, R. J. (2021). The Dialectical Behavior Therapy Adherence Coding Scale (DBT ACS): Psychometric properties. *Psychological Assessment*, *33*, 552-561.
10. **Harned, M. S.**, Schmidt, S. C., Korslund, K. E., & Gallop, R. J. (2021). Does adding the Dialectical Behavior Therapy Prolonged Exposure (DBT PE) protocol for PTSD to DBT improve outcomes in public mental health settings? A pilot nonrandomized effectiveness trial with benchmarking. *Behavior Therapy*, *52*, 639-655.

11. **Harned, M. S.**, Ritschel, L. A., Schmidt, S. C. (2021). Effects of workshop training in the Dialectical Behavior Therapy Prolonged Exposure protocol on clinician beliefs, adoption, and perceived clinical outcomes. *Journal of Traumatic Stress, 34*, 427-439.
12. Kuehn, K. S., King, K. M., Linehan, M. M., & **Harned, M. S.** (2020). Modeling the suicidal behavior cycle: Understanding repeated suicide attempts among individuals with borderline personality disorder and a history of attempting suicide. *Journal of Consulting and Clinical Psychology, 88*, 570-581.
13. **Harned, M. S.**, Fitzpatrick, S., & Schmidt, S. C. (2020). Identifying change targets for PTSD among suicidal and self-injuring women with borderline personality disorder. *Journal of Traumatic Stress, 33*, 610-616.
14. **Harned, M. S.** & Schmidt, S. C. (2019). Perspectives on a stage-based treatment for PTSD among Dialectical Behavior Therapy consumers in public mental health settings. *Community Mental Health Journal, 55*, 409-419.
15. Coyle, T. N., Brill, C. D., Aunon, F. M., Peterson, A. P., Gasser, M. L., Kuehn, K. S., & **Harned, M. S.** (2019). Beginning to envision a life worth living: An introduction to pre-treatment sessions in Dialectical Behavior Therapy. *Psychotherapy Research, 56*, 21-27.
16. Navarro-Haro, M. V., **Harned, M. S.**, Korslund, K. E., DuBose, A., Chen, T., Ivanoff, A., & Linehan, M. M. (2019). Rates and predictors of implementation and reach following Dialectical Behavior Therapy Intensive Training. *Community Mental Health Journal, 55*, 100-111.
17. McCauley, E., Berk, M., Asarnow, J., Adrian, M., Cohen, J., Korslund, K., Avina, C., Hughes, J., **Harned, M.**, Gallop, R., & Linehan, M. M. (2018). Efficacy of Dialectical Behavior Therapy for adolescents with high risk for suicide: A randomized clinical trial. *JAMA Psychiatry, 75*(8), 777-785.
18. **Harned, M. S.**, Wilks, C. R., Schmidt, S. C., & Coyle, T. N. (2018). Improving functional outcomes in borderline personality disorder by changing PTSD severity and post-traumatic cognitions. *Behaviour Research and Therapy, 103*, 53-61.
19. **Harned, M. S.**, Gallop, R. J., & Valenstein-Mah, H. R. (2018). What changes when? The course of improvement during a stage-based treatment for suicidal and self-injuring women with borderline personality disorder and PTSD. *Psychotherapy Research, 28*, 761-775.
20. **Harned, M. S.**, Lungu, A., Wilks, C. & Linehan, M. M. (2017). Evaluating a multimedia tool for suicide risk assessment and management: The Linehan Suicide Safety Net. *Journal of Clinical Psychology, 73*, 308-318.
21. Wilks, C., Korslund, K. E., **Harned, M. S.**, & Linehan, M. M. (2016). Dialectical behavior therapy and domains of functioning over two years. *Behaviour Research and Therapy, 77*, 162-169.
22. Carmel, A., Comtois, K. A., **Harned, M. S.**, Holler, R., & McFarr, L. (2016). Contingencies create capabilities: Adjunctive treatments in Dialectical Behavior Therapy that reinforce behavior change. *Cognitive and Behavioral Practice, 23*, 110-120.
23. **Harned, M. S.**, Ruork, A. K., Liu, J., & Tkachuck, M. A. (2015). Emotional activation and habituation during imaginal exposure for PTSD among women with borderline personality disorder. *Journal of Traumatic Stress, 28*, 253-257.

24. Dimeff, L. A., **Harned, M. S.**, Woodcock, E. A., Skutch, J. M., Koerner, K., & Linehan, M. M. (2015). Investigating bang for your training buck: A randomized controlled trial comparing three methods of training clinicians in two core strategies of Dialectical Behavior Therapy. *Behavior Therapy, 46*, 283-295.
25. Linehan, M. M., Korslund, K. E., **Harned, M. S.**, Gallop, R. J., Lungu, A., Neacsiu, A. D., McDavid, J., Comtois, K. A., & Murray-Gregory, A. M. (2015). Dialectical Behavior Therapy for high suicide risk in borderline personality disorder: A component analysis. *JAMA Psychiatry, 72*, 475-482.
26. Bedics, J. D., Atkins, D. C., **Harned, M. S.**, & Linehan, M. M. (2015). The therapeutic alliance as a predictor of outcome in dialectical behavior therapy versus nonbehavioral psychotherapy by experts for borderline personality disorder. *Psychotherapy, 52*, 67-77.
27. van Minnen, A., Zoellner, L., **Harned, M. S.**, & Mills, K. (2015). Changes in comorbid conditions after Prolonged Exposure for PTSD: A literature review. *Current Psychiatry Reports, 17*:17.
28. **Harned, M. S.** (2014). The combined treatment of PTSD with borderline personality disorder. *Current Treatment Options in Psychiatry, 1*, 335-344.
29. **Harned, M. S.**, Dimeff, L. A., Woodcock, E. A., Kelly, T., Zavertnik, J., Contreras, I., & Danner, S. M. (2014). Exposing clinicians to exposure: A randomized controlled dissemination trial of exposure therapy for anxiety disorders. *Behavior Therapy, 45*, 731-744.
30. **Harned, M. S.**, Korslund, K. E., & Linehan, M. M. (2014). A pilot randomized controlled trial of Dialectical Behavior Therapy with and without the Dialectical Behavior Therapy Prolonged Exposure protocol for suicidal and self-injuring women with borderline personality disorder and PTSD. *Behaviour Research and Therapy, 55*, 7-17.
31. Neacsiu, A. D., Lungu, A., **Harned, M. S.**, Rizvi, S. L., & Linehan, M. M. (2014). Impact of Dialectical Behavior Therapy versus Community Treatment by Experts on emotional experience, expression, and acceptance in borderline personality disorder. *Behaviour Research and Therapy, 53*, 47-54.
32. **Harned, M. S.**, Dimeff, L. A., Woodcock, E. A. & Contreras, I. (2013). Predicting adoption of exposure therapy in a randomized controlled dissemination trial. *Journal of Anxiety Disorders, 27*, 754-762.
33. Rizvi, S. L. & **Harned, M. S.** (2013). Increasing treatment efficiency and effectiveness: Rethinking approaches to assessing and treating comorbid disorders. *Clinical Psychology: Science and Practice, 20*, 285-290.
34. **Harned, M. S.**, Tkachuck, M. A., & Youngberg, K. A. (2013). Treatment preference among suicidal and self-injuring women with borderline personality disorder and PTSD. *Journal of Clinical Psychology, 69*, 749-761.
35. **Harned, M. S.** & Valenstein, H. R. (2013). Treatment of borderline personality disorder and co-occurring anxiety disorders. *F1000 Prime Reports, 5*, 15 (doi: 10.12703/P5-15). <http://f1000.com/prime/reports/m/5/15>.
36. van Minnen, A., **Harned, M. S.**, Zoellner, L., & Mills, K. (2012). Examining potential contraindications for Prolonged Exposure therapy for PTSD. *European Journal of Psychotraumatology, 3*, 18805 - <http://dx.doi.org/10.3402/ejpt.v3i0.18805>.

37. **Harned, M. S.**, Korslund, K. E., Foa, E. B., & Linehan, M. M. (2012). Treating PTSD in suicidal and self-injuring women with borderline personality disorder: Development and preliminary evaluation of a Dialectical Behavior Therapy Prolonged Exposure protocol. *Behaviour Research and Therapy*, *50*, 381-386.
38. **Harned, M. S.**, Pantalone, D. W., Ward-Ciesielski, E. F., Lynch, T. R., & Linehan, M. M. (2011). The prevalence and correlates of sexual risk behaviors and sexually transmitted infections in borderline personality disorder outpatients. *Journal of Nervous and Mental Disease*, *199*, 832-838.
39. Dimeff, L. A., Beadnell, B., Woodcock, E. A., & **Harned, M. S.** (2011). Can Dialectical Behavior Therapy be learned in highly structured learning environments? Results from a randomized controlled dissemination trial. *Behavior Therapy*, *42*, 263-275.
40. **Harned, M. S.**, Dimeff, L. A., Woodcock, E. A., & Skutch, J. M. (2011). Overcoming barriers to disseminating exposure therapies for anxiety disorders: A pilot randomized controlled trial of training methods. *Journal of Anxiety Disorders*, *25*, 155-163.
41. **Harned, M. S.**, Rizvi, S. L., & Linehan, M. M. (2010). Impact of co-occurring posttraumatic stress disorder on suicidal women with borderline personality disorder. *American Journal of Psychiatry*, *167*, 1210-1217.
42. Comtois, K. A., Kerbrat, A. H., Atkins, D. C., **Harned, M. S.**, & Elwood, L. (2010). Recovery from disability for individuals with borderline personality disorder: A feasibility trial of DBT-ACES. *Psychiatric Services*, *61*, 1106-1111.
43. **Harned, M. S.**, Jackson, S. C., Comtois, K. A., & Linehan, M. M. (2010). Dialectical Behavior Therapy as a precursor to PTSD treatment for suicidal and/or self-injuring women with borderline personality disorder. *Journal of Traumatic Stress*, *23*, 421-429.
44. Dimeff, L. A., Koerner, K., Woodcock, E. A., Beadnell, B., Brown, M. Z., Skutch, J. M., Paves, A. P., Bazinet, A., & **Harned, M. S.** (2009). Which training method works best? A randomized controlled trial comparing three methods of training clinicians in Dialectical Behavior Therapy skills. *Behaviour Research and Therapy*, *47*, 921-930.
45. Chen, E. Y., Brown, M. Z., **Harned, M. S.**, & Linehan, M. M. (2009). A comparison of borderline personality disorder with and without eating disorders. *Psychiatry Research*, *170(1)*, 86-90.
46. **Harned, M. S.**, Chapman, A. L., Dexter-Mazza, E. T., Murray, A., Comtois, K. A., & Linehan, M. M. (2008). Treating co-occurring Axis I disorders in chronically suicidal women with borderline personality disorder: A 2-year randomized trial of Dialectical Behavior Therapy versus Community Treatment by Experts. *Journal of Consulting and Clinical Psychology*, *76(6)*, 1068-1075.
47. **Harned, M. S.** & Linehan, M. M. (2008). Integrating Dialectical Behavior Therapy and Prolonged Exposure to treat co-occurring borderline personality disorder and PTSD: Two case studies. *Cognitive and Behavioral Practice*, *15(3)*, 263-276.
48. Wagner, A. W., Rizvi, S. L., & **Harned, M. S.** (2007). Applications of Dialectical Behavior Therapy to the treatment of complex trauma-related problems: When one case formulation does not fit all. *Journal of Traumatic Stress*, *20*, 391-400.

49. Najavits, L. M., **Harned, M. S.**, Gallop, R. J., Butler, S. F., Barber, J. P. Thase, M. E., & Crits-Christoph, P. (2007). Six-month treatment outcomes of cocaine-dependent patients with and without PTSD in a multisite national trial. *Journal of Studies on Alcohol and Drugs*, *68*, 353-361.
50. **Harned, M. S.**, Najavits, L. M., & Weiss, R. D. (2006). Self-harm and suicidal behavior in women with comorbid PTSD and substance dependence. *American Journal on Addictions*, *15*, 392-395.
51. **Harned, M. S.**, Banawan, S. F., & Lynch, T. R. (2006). Dialectical behavior therapy: An emotion-focused treatment for borderline personality disorder. *Journal of Contemporary Psychotherapy*, *36*, 67-75.
52. Dexter-Mazza, E. T., **Harned, M. S.**, Wagner, J. R., & Kuo, J. (2006). Dialectical behavior therapy for borderline personality disorder. *Directions in Mental Health Counseling*, *16*, 13-27.
53. **Harned, M. S.** (2005). Understanding women's labeling of unwanted sexual experiences with dating partners: A qualitative analysis. *Violence Against Women*, *11*, 374-413.
54. **Harned, M. S.** (2004). Does it matter what you call it? The relationship between labeling unwanted sexual experiences and distress. *Journal of Consulting and Clinical Psychology*, *72*, 1090-1099.
55. **Harned, M. S.** (2002). A multivariate analysis of risk markers for dating violence victimization. *Journal of Interpersonal Violence*, *17*(11), 1179-1197.
56. **Harned, M. S.**, & Fitzgerald, L. F. (2002). Understanding a link between sexual harassment and eating disorder symptoms: A mediational analysis. *Journal of Consulting and Clinical Psychology*, *70*(5), 1170-1181.
57. **Harned, M. S.**, Ormerod, A. J., Palmieri, P. A., Collinsworth, L. L., & Reed, M. (2002). Sexual assault by workplace personnel and other types of sexual harassment: A comparison of antecedents and consequences. *Journal of Occupational Health Psychology*, *7*(2), 174-188.
58. **Harned, M. S.** (2001). Abused women or abused men? An examination of the context and outcomes of dating violence. *Violence & Victims*, *16*(3), 269-285.
59. **Harned, M. S.** (2000). Harassed bodies: An examination of the relationships among women's experiences of sexual harassment, body image, and eating disturbances. *Psychology of Women Quarterly*, *24*, 336-348.

BOOK CHAPTERS

60. **Harned, M. S.** & Sloan, C. A. (2022). Treating PTSD and borderline personality disorder. In U. Schnyder & M. Cloitre (Eds.), *Evidence Based Treatments for Trauma-Related Psychological Disorders (2nd Ed.)*. (pp. 389-404). New York, NY: Springer Press.
61. **Harned, M. S.**, Garcia, N. M., & Coyle, T. N. (2022). Exposure therapy when patients present with borderline personality disorder. In J. Smits, J. Jacquart, J. Abramowitz, & J. Arch (Eds.), *Clinical Guide to Exposure Therapy: Beyond Phobias*. (pp. 125-141). New York, NY: Springer Press.
62. **Harned, M. S.** & Schmidt, S. C. (2021). Treating PTSD during Dialectical Behavior Therapy: Applying the principles and procedures of the DBT Prolonged Exposure protocol. In L. Dimeff, K. Koerner, & S. Rizvi (Eds.), *Dialectical Behavior Therapy in Clinical Practice (2nd Ed.)* (pp. 264-284). New York, NY: Guilford Press.

63. **Harned, M. S.** & Schmidt, S. C. (2019). Integrating PTSD treatment into DBT: Clinical application and implementation of the DBT Prolonged Exposure protocol. In M. Swales (Ed.), *Oxford Handbook of Dialectical Behaviour Therapy* (pp. 797-814). Oxford, UK: Oxford University Press.
64. **Harned, M. S.** & Korslund, K. E. (2015). Treating PTSD and borderline personality disorder. In U. Schnyder & M. Cloitre (Eds.), *Evidence Based Treatments for Trauma-Related Psychological Disorders* (pp. 331-346). New York, NY: Springer Press.
65. **Harned, M. S.** (2013). Treatment of posttraumatic stress disorder with comorbid borderline personality disorder. In D. McKay & E. Storch (Eds.), *Handbook of Treating Variants and Complications in Anxiety Disorders* (pp. 203-221). New York, NY: Springer Press.
66. **Harned, M. S.,** Rizvi, S. L., & Wagner, A. W. (2008). Dialectical Behavior Therapy. In G. Reyes, J. D. Elhai, & J. D. Ford (Eds.), *The Encyclopedia of Psychological Trauma* (pp. 208-211). Hoboken, NJ: John Wiley & Sons.
67. Najavits, L. M., Liese, B. S., & **Harned, M. S.** (2004). Cognitive and behavioral therapies. In J. Lowinson, P. Ruiz, R. B. Millman, & J. G. Langrod (Eds.), *Substance Abuse: A Comprehensive Textbook (4th ed.)*. Baltimore: Williams & Wilkins.
68. Fitzgerald, L. F., Collinsworth, L. L., & **Harned, M. S.** (2001). Sexual harassment. In J. Worell (Ed.), *Encyclopedia of Women and Gender: Sex Similarities and Differences and the Impact of Society on Gender* (pp. 991-1004). Boston, MA: Academic Press.

OTHER PUBLICATIONS

69. **Harned, M. S.** & Botanov, Y. (2016). Dialectical Behavior Therapy skills training is an effective intervention. *Psychiatric Times*, 33 (3), 13-14.
70. **Harned, M. S.,** Rizvi, S. L., & Linehan, M. M. (2011). Response to Nepon et al. Letter. *American Journal of Psychiatry*, 168, 328-329.

MEDIA COVERAGE

How to Follow the News Without Spiraling into Despair (July 7, 2022). *New York Times*.
<https://www.nytimes.com/2022/07/07/well/mind/mindfulness-practice-doomscrolling.html>

Can Suicide be Prevented? (January 19, 2019). *Wall Street Journal*. <https://www.wsj.com/articles/can-suicide-be-prevented-11547908212>

Reducing Suffering with Technology. (September, 2014). *International Innovation*.
<http://www.international-innovation-healthcare.com/>

For Borderline Personality Disorder and Comorbid PTSD, A New Psychotherapy Regimen. (October 8, 2012). *Psychiatry Weekly*, 7(19). <http://www.psychweekly.com/asp/article/articledetail.aspx?articleid=1496>

TEACHING EXPERIENCE

Instructor

DBT Practicum, UW Department of Psychology (Fall 2017 – Spring 2018)
Introduction to DBT, UW Department of Psychology (Fall 2017)

Co-Instructor

DBT Practicum, UW Department of Psychology (Fall 2016-Spring 2017)
Psychological Assessment, UW Department of Psychology (Winter 2016)
DBT Skills, UW Department of Psychology (Fall 2016)

Guest Lecturer

Psychology Internship Didactics, VA Puget Sound, American Lake Division (2019)
DBT Seminar, UW Department of Psychiatry (2007-2016)
Behavioral Assessment, UW Department of Psychology (Winter 2006, 2008, 2010, 2012, 2014)
Behavioral Methods, UW Department of Psychology (Winter 2005, 2007, 2009, 2011, 2013, 2015)
Psychology Internship Didactics, UW Department of Psychiatry (2010)
Honors Seminar, UW Department of Psychology (2006)
Research Design, UW Department of Psychiatry (2005)

Dissertation Committees

Kevin Kuehn, University of Washington, Clinical Psychology Program
Trevor Coyle, University of Washington, Clinical Psychology Program
Anne Madison Tompkins, La Salle University, Clinical Psychology Program
Elaine Augustine, Philadelphia College of Osteopathic Medicine, Clinical Psychology Program

PROFESSIONAL AFFILIATIONS

Association for Behavioral and Cognitive Therapies, D&I Special Interest Group Member
Society for Implementation Research Collaboration, Founding Member

PROFESSIONAL SERVICE

Board of Directors

DBT – Linehan Board of Certification, 2019-present

Editorial Boards

Journal of Cognitive Psychotherapy, 2007-present

Grant Reviewer

National Institute of Mental Health, June 2014, February 2016, June 2017
Ontario Mental Health Foundation, 2009

Technical Reviewer

American Psychological Association's Mental Health Mobile Phone Application Review Database, 2015
Technical Expert Panel, Comparative effectiveness of Psychological Treatments and Pharmacological Treatments for Adults with PTSD, Agency for Healthcare Research and Quality, 2011

Ad Hoc Journal Reviewer

<i>Journal of Abnormal Psychology</i>	<i>Psychological Bulletin</i>
<i>Journal of Consulting and Clinical Psychology</i>	<i>Behavior Therapy</i>
<i>Behaviour Research and Therapy</i>	<i>Comprehensive Psychiatry</i>
<i>Journal of Personality and Social Psychology</i>	<i>Clinical Psychology Review</i>
<i>Journal of Traumatic Stress</i>	<i>Journal of Psychiatric Research</i>
<i>Journal of Personality Disorders</i>	<i>Psychological Medicine</i>
<i>Acta Psychiatrica Scandinavica</i>	<i>Violence and Victims</i>
<i>Suicide and Life-Threatening Behavior</i>	<i>Journal of Interpersonal Violence</i>
<i>American Journal of Orthopsychiatry</i>	<i>BMC Psychiatry</i>
<i>Psychological Trauma: Theory, Research, Practice, and Policy</i>	
<i>Borderline Personality Disorder and Emotion Dysregulation</i>	

Committee Member

Training Meeting Planning Committee, Behavioral Tech, LLC, 2021-present
Training Committee, VA Puget Sound Health Care System, 2019-present
Fellow Selection Committees, VA Puget Sound Health Care System, 2019-present
World Association of DBT, Strategic Planning Group, 2018-present
Suicide Work Group, Behavioral Tech, LLC, 2019-2020
Network of Expertise Member, Society for Implementation Research Collaboration, 2015-2020
Implementation Science Workgroup, Behavioral Tech, LLC, 2014-2018
Program Committee, International Society for Traumatic Stress Studies, 2014-2018
Program Committee, Association for Behavioral and Cognitive Therapies, 2005-2010
Program Committee, International Society for the Improvement and Teaching of DBT, 2010
Publications Committee, APA Division 12, 2007-2009
Sexual Assault Awareness Month Planning Committee, University of Illinois, 2000-2002
Graduate Admissions Committee, University of Illinois, 2001
Dating Violence Task Force, University of Illinois, 1998-1999

INVITED TALKS (PAST 5 YEARS)

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- November 2023 *Annual update on DBT research*. Presentation at the Annual Conference of the International Society for the Improvement and Teaching of DBT, Seattle, WA.
- November 2023 *Treating PTSD in DBT: The DBT Prolonged Exposure Protocol*. Webinar presented for the Missouri Behavioral Health Council.
- October 2023 *Treating Trauma in DBT: The DBT Prolonged Exposure Protocol*. Keynote address for the annual conference of the Society for DBT in the UK and Ireland, Virtual.
- June 2023 *An Introduction to Dialectical Behavior Therapy*. Webinar presented for the American Academy of Addiction Psychiatry, Virtual.
- February 2023 *An Introduction to the DBT Prolonged Exposure Protocol for PTSD*. Webinar presented for the University of North Carolina School of Social Work Clinical Lecture Series.
- November 2022 *Annual update on DBT research*. Presentation at the Annual Conference of the International Society for the Improvement and Teaching of DBT, New York, NY.

- September 2022 *Improving Therapist Adherence in Dialectical Behavior Therapy*. Invited talk with S. Schmidt at the 2nd Congreso Iberoamericano de DBT, Virtual.
- June 2022 *The Crisis of Adherence in Dialectical Behavior Therapy: A Call to Action for Trainers*. Presentation with Dr. Sara Schmidt at the annual Behavioral Tech Trainer's Meeting.
- June 2022 *Treating PTSD in Dialectical Behavior Therapy: The DBT Prolonged Exposure Protocol*. Webinar presented for the DBT-Linehan Board of Certification.
- February 2022 *Addressing complicated issues in trauma treatment: Dissociation and fragmented trauma memories*. Webinar presented for Evidence-Based Practices of New England.
- December 2022 *Integrating PTSD treatment into Dialectical Behavior Therapy for high-risk and multi-problem patients*. Webinar presented for DBT Iberoamérica.
- November 2021 *Annual update on DBT research*. Presented at the Annual Conference of the International Society for the Improvement and Teaching of DBT, Virtual.
- November 2021 *Managing PTSD Symptoms and Dissociation in Stage 1 DBT*. Webinar presented for the Italian Society of DBT.
- November 2021 *Integrating PTSD Treatment into Dialectical Behavior Therapy for High-Risk and Multi-Problem Patients*. Grand Rounds presented for the Division of Child and Adolescent Psychiatry at the Long Island Jewish Medical Center.
- November 2020 *Annual update on DBT research*. Keynote address at the Annual Conference of the International Society for the Improvement and Teaching of DBT, Virtual.
- November 2020 *Integrating PTSD treatment into Dialectical Behavior Therapy for high-risk and multi-problem patients*. Webinar presented for the Cambridge Health Alliance/Harvard Medical School, Victims of Violence trauma seminar series.
- March 2020 *Integrating PTSD treatment into Dialectical Behavior Therapy for high-risk and multi-problem patients*. Webinar presented for the VA MIRECC Presents webinar series.
- December 2019 *Treating comorbid PTSD and borderline personality disorder*. Webinar presented for the National Center for PTSD's monthly lecture series.
- November 2019 *Annual update on DBT research*. Keynote address at the Annual Conference of the International Society for the Improvement and Teaching of DBT, Atlanta, GA.
- October 2019 *Saving Lives by treating PTSD among people at high risk for suicide*. Podcast hosted by the International Society for Traumatic Stress Studies #TraumaTalks podcast series.
- August 2019 *Cultivating your expert mind: A discussion with DBT expert Melanie Harned, PhD*. Webinar sponsored by the Evidence-Based Practice Institute, LLC.
- April 2019 *Treating PTSD in individuals with BPD and life-threatening behaviors: The DBT Prolonged Exposure protocol*. Keynote address at the Yale-National Education Alliance for Borderline Personality Disorder Conference, New Haven, CT.

- February 2019 *Increasing access to PTSD treatment for high-risk and multi-diagnostic patients.* Presented at the VA Puget Sound Health Care System, Seattle, WA.
- November 2018 *Annual update on DBT research.* Keynote address at the Annual Conference of the International Society for the Improvement and Teaching of DBT, Washington, DC.
- August 2018 *The art and science of Dialectical Behavior Therapy.* Presented at the Annual Conference of the Suicide Prevention Action Network of Idaho, Boise, ID.
- August 2018 *Treating suicidal behavior in Dialectical Behavior Therapy.* Presented at the Annual Conference of the Suicide Prevention Action Network of Idaho, Boise, ID.
- May 2018 *Lesson's for coping with life's traumatic experiences.* A three-episode podcast series hosted by Dr. Charles Swenson and the National Education Alliance for Borderline Personality Disorder.

PROFESSIONAL WORKSHOPS (PAST 5 YEARS)

Harned, M. & Schmidt, S. (2023, December). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD.* Four-day virtual live workshop sponsored by the Missouri Behavioral Health Council.

Harned, M. (2023, December). *An Introduction to the DBT Prolonged Exposure Protocol for PTSD.* Three-hour virtual live workshop sponsored by the Italian Society for DBT.

Harned, M. & Schmidt, S. (2023, November). *Getting to Adherence in DBT Individual Therapy.* Three-day virtual live workshop.

Harned, M. (2023, October). *An Introduction to the DBT Prolonged Exposure Protocol for PTSD.* Three-hour virtual live workshop sponsored by Fundación CIPCO, Buenos Aires, Argentina.

Harned, M. (2023, October). *An Introduction to the DBT Prolonged Exposure Protocol for PTSD.* Three-hour virtual live workshop sponsored by the Society for DBT in the UK and Ireland.

Harned, M. & Ritschel, L. (2023, October). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD.* Five-day virtual live workshop sponsored by Dialexis, Amsterdam, Netherlands.

Harned, M. & Yard, S. (2023, September). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD.* Four-day virtual live workshop.

Harned, M. (2023, June). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD.* Four-day workshop sponsored by Washington Department of Child and Family Services, Snoqualmie, WA.

Harned, M. & McCall, A. (2023, May). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD.* Four-day workshop sponsored by DBT Brasil, São Paulo, Brazil.

Harned, M. (2023, May). *An Introduction to the DBT Prolonged Exposure Protocol for PTSD*. Five-hour virtual live workshop sponsored by Hunter New England Health District, Newcastle, Australia.

Harned, M. & Schmidt, S. (2023, May). *Getting to Adherence in DBT Individual Therapy*. Three-day virtual live workshop.

Harned, M. & Ritschel, L. (2023, April). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M. & Ritschel, L. (2022, March). *Advanced Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Three-day virtual live workshop.

Harned, M. & McCall, A. (2023, February). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M. & McCall, A. (2023, January). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop sponsored by British Isles DBT.

Harned, M. & Schmidt, S. (2022, November). *Getting to Adherence in DBT Individual Therapy*. Three-day virtual live workshop.

Harned, M. (2022, October). *Building the Ability to Experience Emotions without Avoiding: Using Informal Exposure in Stage 1 DBT*. 90-minute webinar.

Harned, M. & Yard, S. (2022, September). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M. (2022, June). *Understanding and Treating Moral Injury*. 90-minute webinar.

Harned, M. & Ritschel, L. (2022, April). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M. (2022, April). *Understanding and Treating Traumatic Invalidation*. 90-minute webinar.

Harned, M. & Schmidt, S. (2022, March). *Advanced Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Three-day virtual live workshop.

Harned, M. & McCall, A. (2022, February). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M. & Pérez Luna, P. (2022, January). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop sponsored by DBT Iberoamérica.

Harned, M. & Yard, S. (2021, September). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M., Yard, S., & Coyle, T. (2021, June). *Comprehensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Three-day virtual live workshop sponsored by VA Puget Sound.

Harned, M. & McCall, A. (2021, June). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop sponsored by British Isles DBT.

Harned, M. & McCall, A. (2021, May). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M., Meyers, L., Yard, S., & Flores, C. (2021, May). *Comprehensive Training in Dialectical Behavior Therapy*. Six-day virtual live workshop sponsored by the VA Office of Mental Health and Suicide Prevention.

Harned, M. (2021, April). *Managing PTSD and Dissociation in Stage 1 DBT*. One-day virtual live workshop sponsored by Potomac Behavioral Solutions.

Harned, M. & Ritschel, L. (2021, March). *Advanced Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Three-day virtual live workshop.

Harned, M. & McCall, A. (2021, February). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop.

Harned, M. & Schmidt, S. (2020, November). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop sponsored by Behavioral Tech, LLC and Portland DBT Institute.

Harned, M. & Yard, S. (2020, September). *Dialectical Behavior Therapy Comprehensive Training*. Three-day virtual live workshop sponsored by VA Puget Sound.

Harned, M. & McCall, A. (2020, July). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop sponsored by British Isles DBT.

Harned, M. & Cooney, E. (2020, June). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day virtual live workshop sponsored by Behavioral Tech, LLC.

Harned, M. & Ritschel, L. (2020, February). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by DBT New Zealand, Auckland, NZ.

Harned, M. & Schmidt, S. (2019, October). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by Behavioral Tech, LLC, and Nystrom Associates, Arden Hills, MN.

Harned, M. (2019, August). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by DBT LatinoAmerica and Lifesense, Bogotá, Colombia.

Harned, M. & Cooney, E. (2019, April). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by Behavioral Tech, LLC, and Yale New Haven Hospital, New Haven, CT.

Harned, M. & Schmidt, S. (2019, March). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by Behavioral Tech, LLC, Seattle, WA.

Harned, M. (2018, December). *Suicide Risk Assessment and Management*. One-day workshop sponsored by Behavioral Tech, LLC, Spokane, WA.

Harned, M. & Ritschel, L. (2018, October). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by Metro NY DBT and Behavioral Care Center of New Jersey, Morristown, NJ.

Harned, M. & Korslund, K. (2018, August). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by New Roads Behavioral Health, Cottonwood Heights, UT.

Harned, M. & McCall, A. (2018, June). *Intensive Training in the Dialectical Behavior Therapy Prolonged Exposure Protocol for PTSD*. Four-day workshop sponsored by British Isles DBT, Cork, Ireland.

CONFERENCE PRESENTATIONS (PAST 5 YEARS)

Harned, M. S., Yard, S. S., & Garcia, N. M. (2021, November). Delivering DBT with DBT PE to high-risk veterans with BPD and PTSD in a VA outpatient program. In M. Harned (Chair), *Implementing Dialectical Behavior Therapy in the Department of Veterans Affairs: Challenges and Successes*. Symposium presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual.

Landes, S. J., Pitcock, J. A., **Harned, M. S.,** Connolly, S. L., Meyers, L. L., & Oliver, C. M. (2021, November). Provider perspectives on providing dialectical behavior therapy via telehealth during COVID-19 in the Department of Veterans Affairs. In M. Harned (Chair), *Implementing Dialectical Behavior Therapy in the Department of Veterans Affairs: Challenges and Successes*. Panel presentation at the annual meeting of the Association of Behavioral and Cognitive Therapies, Virtual.

Harned, M. S., Schmidt, S. C., Korslund, K. E., & Gallop, R. J. (2020, November). A pilot effectiveness trial of DBT with and without the DBT Prolonged Exposure protocol for PTSD among high-risk and multi-diagnostic patients in public mental health settings. In S. Fitzpatrick (Chair), *Assessing, anticipating, and treating suicidality in trauma survivors with and without posttraumatic stress disorder*. Symposium presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Virtual.

Coyle, T. C., **Harned, M. S.,** Machtetanz, O., Park, E., & Wang, L. (2019, November). Suicidal behavior following psychiatric inpatient hospitalization: An attempted meta-analysis of treatment studies and a call to action. In K. Zuromski (Chair), *New directions in the treatment of suicidal people*. Symposium presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Tully, I. A., Schmidt, S. C., & **Harned, M. S.** (2019, November). Symptoms of post-traumatic stress, but not global disease burden, are associated with suicidal behavior in multi-diagnostic individuals with PTSD. Poster presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Harned, M. S. & Korslund, K. E. (2018, November). Treating PTSD in high-risk and multi-diagnostic clients receiving DBT. Mini-workshop presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Harned, M. S., Wilks, C., Schmidt, S. C., & Coyle, T. (2017, October). Improving functional outcomes in women with BPD and PTSD by changing PTSD severity and post-traumatic cognitions. Paper presented at the Annual DBT Strategic Planning Meeting, Seattle, WA.

Harned, M. S. & Schmidt, S. (2017, September). Can workshop training change community clinicians' practice? A non-randomized comparison of two workshop lengths for training clinicians in the DBT Prolonged Exposure protocol for PTSD. Poster teaser presented at the 4th Biennial Conference of the Society for Implementation Research Collaboration, Seattle, WA.