



Understanding and Treating Moral Injury

Webinar | June 13, 2022 | 9-10:30am PT/12-1:30pm ET

Melanie Harned, PhD, ABPP

Description

This webinar will provide an introduction to the concept of moral injury, which involves perpetrating, failing to prevent, or witnessing acts that are inconsistent with deeply held values and moral beliefs. Moral injury may result from engaging in behaviors that harmed other people (e.g., sexual or physical assault) and/or failing to act to prevent harm to others (e.g., not protecting children from abuse). Although moral injury has often been researched in the context of military service, it can occur in many other types of traumatic or highly stressful situations. For example, people may engage in morally injurious behaviors in response to their own experiences of abuse. Individuals who have experienced moral injury often have posttraumatic stress disorder (PTSD), intense guilt and shame, are unable to forgive themselves, feel strongly that they deserve to suffer indefinitely, and are at high risk for suicide. In this webinar, examples of moral injury as well as common outcomes of these experiences will be described. In addition, strategies for treating PTSD related to moral injury will be discussed that are derived from the DBT Prolonged Exposure protocol for PTSD.

Learning Objectives

As a result of this training, participants will be able to:

1. Define the concept of moral injury.
2. Identify common outcomes of moral injury.
3. Explain how trauma-focused treatment can be used to address moral injury.

Who Should Attend

This introductory webinar is intended for mental health professionals and trainees.

Location

The webinar will be held via Zoom video conferencing platform. You will be sent information with instructions for logging in prior to the webinar. If you are not able to attend the live event, you will be sent a link to access the recording after the event is complete.

Instructor

Melanie Harned, PhD, ABPP is a Psychologist and Coordinator of the DBT Program at the VA Puget Sound Health Care System as well as an Associate Professor in the Department of Psychiatry and Behavioral Sciences and Adjunct Associate Professor in the Department of Psychology at the University of Washington. Dr. Harned has previously worked as the Research Director of Dr. Marsha Linehan's Behavioral Research and Therapy Clinics at the University of Washington (2006-2018), Director of Research and Development for Behavioral Tech, LLC (2014-2017), and Director of Behavioral Tech Research, Inc. (2013-2016). Dr. Harned's research focuses on the development and evaluation of the DBT Prolonged Exposure protocol for PTSD as well as methods of disseminating and implementing this and other evidence-based treatments into clinical practice. She regularly provides training and consultation nationally and internationally in DBT and DBT PE and has published extensively on these treatments. She is a certified DBT therapist, a certified PE therapist and supervisor, is board certified in Behavioral and Cognitive therapy, and is licensed as a psychologist in the state of Washington.

Cost

The cost of this webinar is **\$45**.

Prices are quoted in US dollars. This fee covers the cost of the webinar, 1.5 hours of continuing education (CE) credits, and electronic copies of the materials.

Registration and Payment

Registration and payment can be completed via Eventbrite at:

<https://www.eventbrite.com/e/understanding-and-treating-moral-injury-tickets-311183356797>

Webinar fees are non-refundable.

Continuing Education Information

Continuing Education (CE) credits are being offered for this workshop by Antioch University Seattle as described below. CE credits are only available for people who attend the live event.

Washington State – 1.5 CE credits will be available to licensed marriage and family therapists, licensed mental health counselors, licensed social workers, and psychologists within Washington State. Late arrivals or early departures will NOT receive CE credit.

Workshops offered by Antioch University Seattle are recognized as continuing education activities under the rules adopted by the Washington State Examining Board of Psychology (WAC 246-924-240) and the Licensed Counselors Advisory Committee (WAC 246-809-620).

Outside of Washington State - CE credit policy can vary from state to state. Participants licensed outside of Washington state should check with their state licensing board and/or professional affiliation boards to determine if this workshop qualifies for CE credit.

All participants are expected to attend the full course in order to receive credit. Participants are required to sign in online at the beginning and conclusion of the course and participate fully in the course, Q&A and any assessments given by the presenters.

Questions about the CE credits for this event can be directed to Ingrid Ingerson:
iingerson@antioch.edu