

Samantha Yard, PhD

Dr. Yard earned her doctorate in Clinical Psychology from the University of Washington, where she completed a 3-year DBT practicum at the Behavioral Research and Therapy Clinics. She served as a member of Dr. Marsha Linehan's treatment development team, and as a research therapist on Dr. Melanie Harned's NIMHfunded randomized clinical trial of DBT PE. Dr. Yard received a 5-year National Service Research Award from NIMH to fund her predoctoral research on the intersection between trauma, emotion regulation, interpersonal relationships, and risk behaviors, which she further developed during a postdoctoral fellowship in PTSD at VA Puget Sound. After fellowship, she joined VA Puget Sound as a staff psychologist, where she has been providing clinical supervision, training, program development and clinical care primarily focused on the treatment of suicide and PTSD. During this time, she co-founded the comprehensive DBT Program at Seattle VA, served as Team Manager of the VA Puget Sound Intensive Outpatient Program, and provided DBT consultation and training for multiple VA sites and as part of the VA National Suicide Prevention 2.0 initiative. She provides supervision, training, and consultation in DBT and DBT PE both locally and nationally, and has experience consulting to teams in juvenile detention, medical rehabilitation, residential, outpatient (in-person and virtual), and intensive outpatient settings.